



MY FAVORITE RECIPE FOR-

# Pickled Bets

SERVES - \_\_\_\_\_

TIME TO PREPARE - \_\_\_\_\_

Drain Juice from 1 Can Bets (Blind) Add water to make 1 Cup. Add  $\frac{1}{2}$  Cup Vinegar, 1 Cup Sugar & 1 Stick Cinnamon. Bring to a Boil. Pour over Bets. Marinate a few hours or overnight. Part of liquid may be poured off when served.

FROM THE RECIPE FILE OF -

E. LEE CARTIERI

