

bakers frosting

Baker's Frosting

3 tablespoons flour

1 cup milk

pinch salt

1/2 teaspoon vanilla

1/2 cup butter

1/2 cup shortening

1/2 teaspoon flavoring

1 cup granulated sugar

Dissolve flour, milk, and salt in sauce and cook slowly until thick. Let cool in fridge. Mix butter and shortening w/milk & flour. Add sugar gradually (stirring.) Beat on high until fluffy and peaks. Add flavorings (vanilla etc.)